VinterTiomila 2010 - Lagkonkurransen
Sammenlagt

1	2	3	4	5	6	7	8	9	10
BSK	LOL	Østm	NSK	LOL	Øst	NSK	BSK	LOL	BSK
27.10	11.11	18.11	2.12						
Nattreven	Røverkollen	Långa natten	Røverheatet						

D - Damer

Kl	#	Klubb	1	2	3	4	5	6	7	8	9	10	Totaltid	Bak
D	1	Bækkelagets SK 1	53:35	35:40	00:57:18	39:39							03:06:12	00:00
D	1	Nydalens SK 1	53:25	35:55	00:57:53	38:59							03:06:12	00:00
D	3	Kongsberg OL 1	50:05	33:06	01:00:58	43:59							03:08:08	01:56
D	4	Nydalens SK 2	53:45	36:13	00:58:05	41:15							03:09:18	03:06
D	5	Østmarka OK 1	54:05	37:06	01:01:18	42:59							03:15:28	09:16
D	6	Lillomarka OL 1	55:05	37:06	01:02:18	41:36							03:16:05	09:53
D	7	Bækkelagets SK 2	54:05	37:06	01:01:18	43:59							03:16:28	10:16
D	8	Askøy OL 1	55:05	37:06	01:02:18	42:49							03:17:18	11:06
D	8	Tyrving, IL 1	54:05	36:56	01:02:18	43:59							03:17:18	11:06
D	10	Lillomarka OL 2	55:05	37:06	01:02:18	42:59							03:17:28	11:16
D	10	Nydalens SK 3	54:05	38:06	01:02:18	42:59							03:17:28	11:16
D	12	Ås-UMB Orientering 1	53:55	38:06	01:02:18	43:59							03:18:18	12:06
D	12	Kolbotn & Skimt OL 1	55:05	38:06	01:01:08	43:59							03:18:18	12:06
D	14	Lillomarka OL 3	55:05	37:06	01:02:18	43:59							03:18:28	12:16
D	14	Lillomarka OL 4	55:05	37:06	01:02:18	43:59							03:18:28	12:16
D	14	Lillomarka OL 5	55:05	37:06	01:02:18	43:59							03:18:28	12:16
D	14	OSI Orientering 1	55:05	38:06	01:01:18	43:59							03:18:28	12:16
D	14	Østmarka OK 2	55:05	38:06	01:02:18	42:59							03:18:28	12:16
D	19	Andre klubber	55:05	38:06	01:02:18	43:59							03:19:28	13:16

Tellende løpere

1	2	3	4	5	6	7	8	9	10
Bjerva,Elin	Gulliksen,Kine	Gulliksen, Kine	Kine Gulliksen						
Ragvin,Nicole	Ragvin,Nicole	Wiklund, Berit Sofie	Wiklund, Berit Sofie						
Bagstevold,Heidi Østlid	Bagstevold,Heidi Østlid	Bagstevold,Heidi Østlid							
Green,Emma	Green,Emma	Green, Emma	Heidi Tronbøl						
Hanssen,Linda	Hanssen,Linda	Hanssen, Linda	Marie Hammer Håversen						
	Larsson,Doris		Kristin Åstebøl						
Solberg,Linda	Bjerva,Elin	Bjerva, Elin							
	Drange,Siri Sjødin		Siri Sjødin Drange						
Franzén,Åsa	Franzén,Åsa								
	Aastebøl,Kristin		Frøy Grøndahl						
Bednarova,Dana			Emma Green						
Maurset,Silje Uhlen									
		Hokholt, Linn							
	Vikhamar,Gunnhild								
	Grøndahl,Frøy								
	Oldernes,Trine								
		Utskarpen, Audrun							
			Linda Hanssen						

H - Herrer

Kl	#	Klubb	1	2	3	4	5	6	7	8	9	10	Totaltid	Bak
H	1	Raumar OL 1	01:03:58	00:56:17	01:08:58	00:59:14							04:08:27	00:00
H	2	Tyrving, IL 1	00:59:58	01:00:17	01:08:33	01:02:34							04:11:22	02:55
H	3	Raumar OL 2	01:03:58	00:56:42	01:09:12	01:02:34							04:12:26	03:59
H	4	Halden SK 1	01:02:15	01:00:17	01:12:33	00:58:34							04:13:39	05:12
H	5	Lillomarka OL 1	01:03:58	00:57:37	01:09:35	01:02:34							04:13:44	05:17
H	6	Bækkelagets SK 1	01:03:48	00:57:22	01:11:02	01:02:24							04:14:36	06:09
H	7	Halden SK 2	01:04:58	01:01:17	01:10:30	00:58:57							04:15:42	07:15
H	8	Raumar OL 3	01:03:58	00:57:00	01:12:33	01:02:34							04:16:05	07:38
H	9	Raumar OL 4	01:04:58	00:57:49	01:12:33	01:03:34							04:18:54	10:27
H	10	Tyrving, IL 2	01:03:38	01:01:17	01:11:31	01:02:34							04:19:00	10:33
H	11	Nydalens SK 1	01:03:58	01:00:17	01:12:33	01:02:14							04:19:02	10:35
H	12	Bækkelagets SK 2	01:03:58	01:00:17	01:12:33	01:02:34							04:19:22	10:55
H	12	Bækkelagets SK 3	01:03:58	01:00:17	01:12:33	01:02:34							04:19:22	10:55
H	12	OSI Orientering 1	01:03:58	01:00:17	01:12:33	01:02:34							04:19:22	10:55
H	15	Nydalens SK 2	01:03:58	01:00:17	01:13:33	01:02:34							04:20:22	11:55
H	15	OSI Orientering 2	01:03:58	01:01:17	01:12:33	01:02:34							04:20:22	11:55
H	17	NTNUI 1	01:03:28	01:01:17	01:12:33	01:03:34							04:20:52	12:25
H	18	Bækkelagets SK 4	01:03:58	01:00:17	01:13:33	01:03:34							04:21:22	12:55
H	18	Kolbotn & Skimt OL 1	01:03:58	01:01:17	01:13:33	01:02:34							04:21:22	12:55
H	18	Kongsberg OL 1	01:04:58	01:01:17	01:12:33	01:02:34							04:21:22	12:55
H	18	Lillomarka OL 2	01:04:58	01:01:17	01:12:33	01:02:34							04:21:22	12:55
H	18	Lillomarka OL 3	01:04:58	01:01:17	01:12:33	01:02:34							04:21:22	12:55
H	18	Nydalens SK 3	01:03:58	01:01:17	01:13:33	01:02:34							04:21:22	12:55
H	18	Raumar OL 5	01:04:58	01:00:17	01:12:33	01:03:34							04:21:22	12:55
H	18	Thales BIL 1	01:03:58	01:00:17	01:13:33	01:03:34							04:21:22	12:55
H	18	Thales BIL 2	01:04:58	01:01:17	01:12:33	01:02:34							04:21:22	12:55
H	18	Tyrving, IL 3	01:03:58	01:01:17	01:13:33	01:02:34							04:21:22	12:55
H	18	Tyrving, IL 4	01:03:58	01:01:17	01:13:33	01:02:34							04:21:22	12:55
H	18	Østmarka OK 1	01:03:58	01:00:17	01:13:33	01:03:34							04:21:22	12:55
H	30	Bækkelagets SK 5	01:03:58	01:01:17	01:13:33	01:03:34							04:22:22	13:55
H	30	Fredrikstad SK 1	01:04:58	01:00:17	01:13:33	01:03:34							04:22:22	13:55
H	30	Kristiansand OK 1	01:03:58	01:01:17	01:13:33	01:03:34							04:22:22	13:55
H	30	Lillomarka OL 4	01:04:58	01:01:17	01:13:33	01:02:34							04:22:22	13:55
H	30	Måren OK 1	01:04:58	01:00:17	01:13:33	01:03:34							04:22:22	13:55
H	30	NTNUI2	01:04:58	01:01:17	01:12:33	01:03:34							04:22:22	13:55
H	30	Nydalens SK 4	01:03:58	01:01:17	01:13:33	01:03:34							04:22:22	13:55
H	30	Nydalens SK 5	01:03:58	01:01:17	01:13:33	01:03:34							04:22:22	13:55
H	30	Nydalens SK 6	01:03:58	01:01:17	01:13:33	01:03:34							04:22:22	13:55
H	30	Nydalens SK 7	01:03:58	01:01:17	01:13:33	01:03:34							04:22:22	13:55
H	30	OK Vôru 1	01:03:58	01:01:17	01:13:33	01:03:34							04:22:22	13:55
H	30	Østmarka OK 2	01:04:58	01:00:17	01:13:33	01:03:34							04:22:22	13:55
H	30	Ås-UMB Orientering 1	01:03:58	01:01:17	01:13:33	01:03:34							04:22:22	13:55
H	30	Ås-UMB Orientering 2	01:03:58	01:01:17	01:13:33	01:03:34							04:22:22	13:55
H	43	Andre klubber	01:04:58	01:01:17	01:13:33	01:03:34							04:23:22	14:55

Tellende løpere

1	2	3	4	5	6	7	8	9	10
Kinneberg,Eskil	Rustad,Eirik	Kinneberg, Eskil	Eirik Rustad						
Tiltnes,Anders	Sagberg,Torbjørn	Tiltnes, Anders	Mathias Nipen						
Bråten,Vetle Ruud	Kinneberg,Eskil	Rustad, Eirik	Simen Rustad						
Nordberg,Anders	Nordberg,Anders	Johansson, Andreas	Morten Jarvis Westergård						
Edstrøm,Jan Andreas	Juveli,Jonas	Juveli, Jonas	Helmut Gremmel						
Lund,Mikkel	Watterdal,Eirik	Lassen, Tue	Tue Lassen						
		Nordberg, Anders	Anders Nordberg						
Rustad,Eirik	Rustad,Simen	Rustad, Simen	Trygve Tømta						
	Aas,Harald	Hovind, Eirik Kamstrup							
Sagberg,Torbjørn		Sagberg,Torbjørn	Torbjørn Blom-Hagen						
Wennerberg,Gustaf	Marston,Neil	Marston, Neil	Sigve Vågsnes						
Lassen,Tue	Soukup,Martin Grotle	Sundby, Jørn	Martin Grotle Soukup						
Grotle	Lassen,Tue	Marston, Daniel	Hans Trøan						
Eide,Olav	Eide,Olav	Lium, Asgeir	Asgeir Lium						
Glesnes,Gjermund	Dalsøren,Stig		Ola Lindqvist						
Lium,Asgeir		Eide, Olav	Olav Eide						
Kaas,Carl Waaler		Kaas, Carl Waaler							
Trøan,Hans	Ruud,Jeppe								
Lillevold,Mathias Stensland			Mathias Stensland Lillevold						
		Resser, Eivind	Eivind Resser						
		Edstrøm, Jan Andreas	Skaare, Rasmus						
		Skaare, Rasmus	Even Skårholen						
Stene,Per Øyvind			Jo Wiklund						
	Hovind,Eirik Kamstrup								
Veastad,Martin	Veastad,Martin								
		Veastad,Martin	Veastad,Martin						
Spjelkavik,Henning			Vegard Brox						
Øystein			Henning Spjelkavik						
Mella,Thor	Mella,Thor								
Marston,Daniel									
	Karlsen,Kjell Arild								
Danielsen,Vegard									
			Robert Merl						
	Opheim,Adrian								
		Enger, Øyvind							
Aalvik,Dag									
Rystad,Rune									
Slokvik,Erlend									
Øksenholt,Anders B.									
Sild,Sixten									
	Helland,Knut E								
Evjen,Bjørn Håvard									
Fjellstad,Jo Inge									

U - Ungdom (DH -16)

Kl	#	Klubb	1	2	3	4	5	6	7	8	9	10	Totaltid	Bak
U	1	Asker SK 1	01:01:06	24:25	33:53	35:31							02:34:55	00:00
U	2	Lillomarka OL 1	01:04:36	23:22	33:09	37:29							02:38:36	03:41
U	3	Asker SK 2	01:04:36	25:36	34:07	37:41							02:42:00	07:05
U	4	Asker SK 3	01:05:06	27:12	37:09	38:44							02:48:11	13:16
U	5	Ås-UMB Orientering 1	01:06:06	28:22	33:41	40:31							02:48:40	13:45
U	6	Fossum 1	01:02:07	28:22	38:09	40:31							02:49:09	14:14
U	7	Kolbotn & Skimt OL 1	01:06:06	25:49	37:09	40:31							02:49:35	14:40
U	8	Ås-UMB Orientering 2	01:06:06	28:22	34:54	40:31							02:49:53	14:58
U	9	Oppsal orientering 1	01:06:06	27:22	37:09	39:21							02:49:58	15:03
U	9	Lillomarka OL 2	01:04:56	27:22	38:09	39:31							02:49:58	15:03
U	11	Nydalens SK 1	01:06:06	27:22	37:09	40:31							02:51:08	16:13
U	11	Nydalens SK 2	01:06:06	27:22	37:09	40:31							02:51:08	16:13
U	11	Asker SK 4	01:06:06	27:22	38:09	39:31							02:51:08	16:13
U	14	Oppsal orientering 2	01:06:06	28:22	37:09	40:31							02:52:08	17:13
U	14	Oppsal orientering 3	01:06:06	28:22	37:09	40:31							02:52:08	17:13
U	14	Lillomarka OL 10	01:06:06	27:22	38:09	40:31							02:52:08	17:13
U	14	Lillomarka OL 3	01:06:06	27:22	38:09	40:31							02:52:08	17:13
U	14	Lillomarka OL 4	01:06:06	27:22	38:09	40:31							02:52:08	17:13
U	14	Lillomarka OL 5	01:06:06	27:22	38:09	40:31							02:52:08	17:13
U	14	Lillomarka OL 6	01:06:06	27:22	38:09	40:31							02:52:08	17:13
U	14	Lillomarka OL 7	01:06:06	27:22	38:09	40:31							02:52:08	17:13
U	14	Lillomarka OL 8	01:06:06	27:22	38:09	40:31							02:52:08	17:13
U	14	Lillomarka OL 9	01:06:06	27:22	38:09	40:31							02:52:08	17:13
U	14	Raumar OL 1	01:06:06	27:22	38:09	40:31							02:52:08	17:13
U	14	Østmarka OK 1	01:06:06	27:22	38:09	40:31							02:52:08	17:13
U	14	Østmarka OK 1	01:06:06	27:22	38:09	40:31							02:52:08	17:13
U	27	Andre klubber	01:06:06	28:22	38:09	40:31							02:53:08	18:13

Tellende løpere

1	2	3	4	5	6	7	8	9	10
Guldbrandsen,Ingrid	Gylver,Bård Engzelius	Gylver, Bård Engzelius	Erlend Engzelius Gylver						
Kollerud, Steinar	Ruud,Elias	Ruud, Elias Pellicer	Steinar Kollerud						
Engzelius	Gylver,Erlend Engzelius	Gulbrandsen, Ingrid	Ingrid Gulbrandsen						
Engzelius	Gylver,Sindre Engzelius	Gylver, Sindre Engzeliu	Sindre Engzelius Gylver						
		Eijsink, Henrik							
Ahlbeck,Emil									
	Lillevold,Olai Stensland	Lillevold, Olai Stensland							
		Eijsink, Malin							
	Wigaard,Endre	Winsvold, Odin	Hedvig Åstebøl						
Kollerud, Siri	Blomseth,Natalie Kristina		Siri Kollerud						
	Nielsen,Simen Eid	Wiklund, Elias							
	Breistein Svarstad,Ingvild	Svarstad,Ingvild							
	Gulbrandsen,Ingrid		Ragnhild Løvli						
		Wigaard, Endre							
		Åstebøl, Hedvig							
	Brekke,Ingvild								
	Iversen,Arne Løhne								
	Blindheim,Solveig								
	Horten,Oline								
	Ødegaard,Åsmund								
	Moe,Karianne								
	Blindheim,Kristin								
	Bakke,Sara Angell								
	Melby,Line Maria Haugen								
	Ommundsen,Håvard								
	Ommundsen,Håvard								

V - Veteraner (H35-)

Kl	#	Klubb	1	2	3	4	5	6	7	8	9	10	Sum 1+2	Bak
V	1	Lillomarka OL 1	00:55:06	33:51	56:59	36:12							03:02:08	00:00
V	2	Ås-UMB Orientering 1	00:58:26	32:51	56:49	36:44							03:04:50	02:42
V	3	Halden SK 1	01:00:06	37:51	57:29	36:32							03:11:58	09:50
V	3	Oppsal orientering 1	01:00:06	37:51	53:29	40:12							03:11:38	09:30
V	5	Løten O-Lag 1	01:00:06	33:20	57:29	41:12							03:12:07	09:59
V	6	Ås-UMB Orientering 2	01:00:06	37:51	57:29	36:58							03:12:24	10:16
V	7	Lillomarka OL 2	00:58:46	36:41	57:29	39:32							03:12:28	10:20
V	8	Østmarka OK 1	00:58:56	36:51	57:09	39:39							03:12:35	10:27
V	9	Tyrving, IL 1	01:00:06	34:28	58:29	40:12							03:13:15	11:07
V	10	Dnb-NOR 1	01:00:06	37:51	58:29	37:24							03:13:50	11:42
V	11	StatoilHydro Oslo BIL 1	00:58:36	36:51	57:19	41:12							03:13:58	11:50
V	12	StatoilHydro Oslo BIL 2	01:00:06	37:51	58:29	37:45							03:14:11	12:03
V	13	Østmarka OK 2	01:00:06	36:51	57:29	40:06							03:14:32	12:24
V	14	Kolbotn & Skimt OL 1	00:59:06	36:51	58:29	40:12							03:14:38	12:30
V	14	OSI Orientering 1	00:59:06	36:51	57:29	41:12							03:14:38	12:30
V	14	Bækkelagets SK 1	00:59:06	37:51	57:29	40:12							03:14:38	12:30
V	14	Hauketo IF 1	00:59:06	37:51	57:29	40:12							03:14:38	12:30
V	14	Moss, OK 1	01:00:06	36:51	57:29	40:12							03:14:38	12:30
V	14	Nydalens SK 1	01:00:06	36:51	57:29	40:12							03:14:38	12:30
V	14	Nydalens SK 2	01:00:06	36:51	57:29	40:12							03:14:38	12:30
V	14	Østmarka OK 3	01:00:06	36:51	57:29	40:12							03:14:38	12:30
V	22	Lillomarka OL 3	01:00:06	36:51	58:29	39:34							03:15:00	12:52
V	23	Konnerud IL 1	01:00:06	36:51	57:29	41:12							03:15:38	13:30
V	23	Lillomarka OL 4	01:00:06	36:51	58:29	40:12							03:15:38	13:30
V	23	Oppsal orientering 2	01:00:06	37:51	57:29	40:12							03:15:38	13:30
V	23	Østmarka OK 4	01:00:06	37:51	57:29	40:12							03:15:38	13:30
V	23	Ås-UMB Orientering 3	01:00:06	37:51	57:29	40:12							03:15:38	13:30
V	28	Bækkelagets SK 2	01:00:06	37:51	57:29	41:12							03:16:38	14:30
V	28	Hauketo IF 2	01:00:06	37:51	58:29	40:12							03:16:38	14:30
V	28	Konnerud IL 2	01:00:06	36:51	58:29	41:12							03:16:38	14:30
V	28	Lillomarka OL 5	01:00:06	37:51	58:29	40:12							03:16:38	14:30
V	28	Moss, OK 2	01:00:06	37:51	58:29	40:12							03:16:38	14:30
V	28	Nydalens SK 3	01:00:06	37:51	57:29	41:12							03:16:38	14:30
V	28	Oppsal orientering 3	01:00:06	37:51	57:29	41:12							03:16:38	14:30
V	28	Vang OL 1	01:00:06	36:51	58:29	41:12							03:16:38	14:30
V	28	Vestre Aker Skiklub 1	01:00:06	37:51	58:29	40:12							03:16:38	14:30
V	28	Vestre Aker Skiklub 2	01:00:06	37:51	58:29	40:12							03:16:38	14:30
V	28	Østmarka OK 5	01:00:06	37:51	58:29	40:12							03:16:38	14:30
V	28	Østmarka OK 6	01:00:06	37:51	58:29	40:12							03:16:38	14:30
V	40	Andre klubber	01:00:06	37:51	58:29	41:12							03:17:38	15:30

Tellende løpere

1	2	3	4	5	6	7	8	9	10
Nygård,Svein	Svein,Nygård	Benjaminsen, Vidar	Vidar Benjaminsen						
Maalen,Ivar	Evjen,Bjørn Håvard	Fjellstad, Jo Inge	Jo Inge Fjellstad						
		Ytterbøl, Svend Arne	Svend Arne Ytterbøl						
		Granum, Lars	Lars Granum						
	Dæhli,Sigurd	Dæhli, Sigurd							
		Evjen, Bjørn Håvard	Bjørn Håvard Evjen						
Fjær,Hallvard	Fjær,Hallvard	Nygård, Svein	Svein Nygård						
Haugland,Dag	Låg,Steinar	Låg, Steinar	Knut Edvard Helland						
	Hoff,Geir		Geir Hoff						
			Frode Balchen						
Mathisen,Terje	Mathisen,Terje	Mathisen, Terje							
			Mathisen, Terje						
	Haugland,Dag	Helland, Knut Edvard	Steinar Låg						
Trøan,Geir	Trøan,Geir		Bjørn Nordvik						
Rinden,Bent Ove Barmo	Barmoen	Rinden, Bent Ove Barmoen							
Brekke,Idar		Brekke, Idar	Jan Erik Aalberg						
Martinsen,Ove		Martinsen, Ove	Ove Martinsen						
	Erøy,Karl Aasmund	Erøy, Karl Aasmund	Hallvard Koren						
	Jonsson,Sören	Langaas, Gaute	Endre Stokseth						
	Langaas,Gaute	Dengerud, Terje	Gaute Langaas						
	Teigland,Rune	Teigland, Rune	Håkon Håversen						
	Mattsson,Johan		Hallvard Fjær						
	Baklid,Lars	Bendiktsen, Bjørn							
	Angell,Truls		Martin Granly						
		Kristoffersen, Morten	Ketil Åstebøl						
		Haugland, Dag	Øystein Kildahl						
		Maalen, Ivar	Ivar Maalen						
		Aalberg, Jan Erik							
			Jon Fredriksen						
	Bendiktsen,Bjørn								
			Johan Mattsson						
			Karl Aasmund Erøy						
		Vogelsang, Christian							
		Mostue, Roger							
	Negård,Stein Arne								
			Per Osen						
			Tormod Øvergaard						
			Rune Teigland						
			Dag Haugland						